

Council on Aging Meeting. 1/8/2021. Zoom Meeting TOWN OF AVON
Meeting called to order at 10:06 am.

2021 FEB 18 A 9:37

Attendees were Christine Quinn, Karen Johnson, Deb Greene, Jean Kopke,
Joanne Grenham, Nancy Puckett

TOWN CLERK

There was a motion to approve the minutes of the December 4, 2020 meeting by Jean Kopke. It was seconded by Deb Greene.

Old Business

50 sandwiches were delivered to seniors who regularly attended the senior lunches at the senior center. These sandwiches were delivered by Karen, Linda, Frank Fasano and Julia Fasano. The meals were purchased from Peppercorns.

Everyone was pleased with them. Deb suggested that we use a local vendor in the future.

The December gift bags were a hit. They were delivered by Cindy. Information bags were delivered by Cindy to Fellowship Circle. Only 3 were delivered. These bags were supposed to be filled with information for all residents at Fellowship to inform them about the services that are available to them through The Council on Aging. This will need to be revisited.

New Business

The annual budget was submitted by Christine. The budget was level funded.

Newsletters are being sent out to seniors who are turning 60. This is an effort to attract younger seniors. It was suggested that the newsletter be sent to seniors 60 to 63 or so initially to encompass a greater number.

8 Zoom yoga classes have been offered. Presently there are 4 students.

2 lectures by historians are also being offered at a later date.

Christine is working with the Y on wellness programs.

Zoom classes are starting off slow. These are an effort to reach younger seniors.

Christine is working on a new Facebook page. She will need to work out the specifics since Karen is the administrator of the current one.

Christine was appointed to the Old Colony Planning Council.

A Zoom license was purchased in Louise's name. This was for educational purposes. Christine also wants to purchase a license in her name. The licenses are \$150 per year.

Gary Erickson would like Christine to do a monthly program for seniors on cable.

There is no information on COVID vaccines for seniors in Avon.

The next meeting is scheduled for February 5, 2021 at 10 am by Zoom.

A motion to adjourn [at 11:00 am](#) was made by Jean. A second was made by Joanne.