



TOWN OF AVON  
2022 APR 13 A 10:07  
TOWN CLERK

**Council on Aging Meeting January 14, 2022**

Present: Jayne Carthas COA Director, Karen Johnson-Co-Chair, Deb Greene, Jean Kopke-Treasurer, Ed Selman

The meeting was called to order at 10:10. Motion to accept the minutes of December 3, 2021 by Deb Greene. Second, Ed Selman. Minutes accepted as written.

**Old Business:**

- Gayle Bellotti and Jayne met to discuss the house numbers for seniors. 4"as required by law. Gayle and Jayne will meet with APD to discuss the procedure.
- Jayne will meet with Chief Spurr to discuss Lock Boxes for senior homes.
- A new Council on Aging Facebook page was discussed.
- Friends Group-TBD

**New Business:**

- New Cook and Assistant Cook are working out well.
- KellyAnn will assign daily duties to lunch volunteers.
- Volunteer Meeting TBD
- Free Van rides will continue through June 1 when the project will be revisited.
- The Director will speak to BAT to determine areas of transport. Rides to "new" towns must be approved by Director or Outreach Coordinator
- A question was raised about one person being able to work 2 part-time jobs for the Town. Deb Greene will check on town policy.

- ARE YOU OKAY? Free program for Norfolk County residents.  
January 27 @11:30

The "Are You Ok?" program is a daily telephone reassurance program offered by the Sheriff's Office in partnership with Fallon Ambulance. Each morning, enrolled seniors receive a call to check on their well-being. If an individual fails to respond or requires assistance, staff notifies their family, and if necessary, local police and/or emergency services. This program is offered free of charge to Norfolk County residents and has saved the lives of a number of seniors.

- **"Until Help Arrives"** program April 7, 2022. 5:00-7:00 pm.  
You may be able to save a life by taking simple actions immediately.  
You Are the Help Until Help Arrives.
- **"Yellow Dot"** program will be presented on February 24. This is a TRIAD program involving COA, AFD and APD.  
**The Yellow Dot Program is meant to save lives of senior drivers and other citizens during a car crash by alerting first responders to a yellow decal on the driver's side rear window. The decal signals first responders to check in the glove compartment for the corresponding "Yellow Dot" folder with crucial emergency information to help the victim**
- The members unanimously voted to discontinue Chair Yoga on Avon Cable. Chair Yoga is now "in person" at the COA.
- The Director and Board are looking into purchasing round tables for the lunchroom. Tables will be able to be folded and stored when not in use.

Motion to Adjourn by Deb Green. Second by Ed Selman. Meeting Adjourned 11:35

Next Meeting February 3, 2022

Karen A. Johnson-Co-Chair.