Council on Aging Meeting Nov. 18, 2022 10:00

Present: Jane Carthas COA Director, Linda Chute, Nancy Puckett, Deb Greene, Karen Johnson, Jean Kopke, Joanne Grenham, Ed Selman

Meeting was called to order at 10:07. Minutes from Oct. 2, 2022 were approved.

<u>Old Business</u>: The Senior Tax Write Off Program was approved by the Board of Selectmen. There will be a 10 person limit for the first year. \$1,000 give back was approved. All participants will be CORI checked. Jane will meet with the Town Administrator next week.

<u>Senior to Senior Program</u> - 4 high school seniors came to the COA and helped write letters with our COA seniors to people serving in the military. Jane will contact the school about snow shoveling for our seniors.

<u>New Business:</u> Christmas Party - a high school senior has volunteered to provide background music. The COA received a substantial donation that can be used towards the Christmas Party. Jane will contact Columbus Catering for a menu and price list for the party.

<u>Sound The Alarm Program</u> - the fire department will replace smoke detectors for seniors free of charge.

Louise visited the residents at Fellowship Circle about Open Enrollment.

<u>Dementia Friendly Program</u> - moving forward with the Action Team that meets once a month. Jane was presented with a certificate at the Board of Selectmen meeting proclaiming Avon as a Dementia Friendly town.

The wall in the lunch room bathroom was checked by the health agent. It was checked for asbestos or possibly moisture from the roof leaking in behind the wall. It is scheduled to be repaired.

Upcoming programs - Dec. 8th Circle of Life movie will be shown.

Two candidates running for Selectmen - Shannon Coffey on Nov. 22nd and Paul Garcia on Nov. 29th. They will visit from 11-11:30 before lunch is served.

A State Health Agent recommended posting CPR instructions and choking instructions in the kitchen.

<u>Other:</u> There was an issue with seniors using other bathrooms when the lunch room bathroom is occupied. The other 3 bathrooms are available and can be used.

It was suggested having the Veteran's Lunch on a Wednesday instead of the regular lunch days. This would give staff a chance to greet, introduce themselves and talk with the veterans. Suggestion of name tags was discussed.

Discussed having water and coffee thermoses on the tables during our large holiday lunches. Servers and clean up jobs should be assigned to different people by Kathy the Volunteer Coordinator. This would give the servers a chance to enjoy their lunches.

Meeting schedule - December 9, January 6, February 3.

Meeting was adjourned at 11:10.

Respectfully submitted,

Junda Chute Linda Chute