

Avon Council on Aging Minutes March 10, 2023

Present: Jane Carthas COA Director, Nancy Puckett Co-Chair, Deb Greene, Joanne Grenham, Linda Chute, Ed Selman, Jean Kopke

Meeting called to order at 10:05. Motion to accept Feb. 3, 2023 minutes as written, Deb Greene, second by Nancy Puckett.

TOWN OF AVON
2023 APR -7 A 11:13
TOWN CLERK

Old Business:

New refrigerator - the COA has a grant to purchase a new refrigerator. Jane will begin looking next week.

Chair Yoga- the cost will be increased from \$3.00 to \$4.00.

911 Cell Phones - are available to seniors who do not have cell phones. These phones can only call 911 for emergencies.

Sound the Alarm Program is ongoing. 4 homes per day, 3 alarms per residence. Contact the Red Cross for information.

New Business:

Lock Boxes - are free to seniors from a grant from the Sheriff Dept.

St. Patrick's Day lunch is on Thursday March 16th. Seating is limited.

Dementia Town Kick Off - Thursday, May 18th from 4:00-6:00. Information stations and snacks will be provided.

Volunteer Appreciation Lunch on April 26th at the Weather Vane restaurant in Weymouth.

Other:

The floor tiles in the lunchroom are 35 years old and are buckling and need to be replaced for the safety of the seniors. Town hall will be involved in the inspection and installation project.

The Holbrook Food Pantry - is open to Avon seniors once a month. There is a 3 bag limit and the COA van will provide transportation. A volunteer is needed to assist with loading and unloading bags from the van.

Meeting schedule - April 7th, May 5, June 2.

Respectfully submitted,



Linda Chute
Secretary