## Council on Aging Minutes Dec. 9, 2022

Present: Jane Carthas COA Director, Karen Johnson, Nancy Puckett, Linda Chute, Jean Kopke, Joanne Grenham, Ed Selman

Meeting was called to order at 10:00. Minutes from Nov. 18 approved as written.

<u>Old Business:</u> Shoveling - working on getting a list of high school students that will earn community service for shoveling for seniors.

Dementia Friendly Update: 6 signs will be placed around town declaring Avon a Dementia Friendly town. The Action Team has met and will send out information cards at a later date. Jane & Louise are trained to give classes. The Fire & Police Dept. will be trained starting in January.

<u>Senior Tax Workoff Program:</u> is for ages 65 yrs and up. Jane will be meeting with the town administrator to review the guidelines.

<u>New Business:</u> Circuit Breaker Program - offered through the state. It gives refundable credit for seniors based on their real estate taxes.

The kitchen needs a new microwave. Attendance has continued to grow with the average number for lunch is 40 on each day.

Jane suggested the lunch servers receive free lunch. There are usually 4 seniors serving lunch for each day. The COA board will be serving Christmas dinner.

The Sheriff Dept. will provide and help distribute buckets of sand for seniors to use on their stairs and walkways.

The bathroom located in the lunch room has tested negative for asbestos. It will be repaired and painted.

<u>December activities:</u> Dec. 14 - Enchanted Village at Jordan Furniture Dec. 15 - the COA van will take the seniors to view houses decorated for Christmas, and will return to COA for cookies & hot cocoa. Dec. 15 - ugly sweater day. Dec. 22 - Christmas Lunch. Dec. 29 - New Years

Eve Lunch.

Meeting schedule - Jan 6, - Feb. 3, - March 10. Respectfully submitted,

Linda Chute