

**Minutes  
Avon Council on Aging  
February 3, 2023**

TOWN OF AVON  
2023 APR -7 A 11:31  
TOWN CLERK

Present: Jane Carthas, Director  
Linda Chute, Debbie Greene, Joanne Grenham, Karen Johnson, Co-Chair, Jean Kopke, Nancy Puckett, Co-Chair, Ed Selman

Meeting called to order 10:05 a.m.

Motion to accept February 3, 2023 minutes as written, Debbie Greene. Second, Nancy Puckett.  
Minutes accepted.

**Old Business:**

Sand for Seniors project completed

Sound the Alarm program-First week completed. Four homes per day. Three alarms per residence.

If others want to benefit from this program they should contact the Red Cross on their own. Info provided by COA.

New microwave was purchased for COA and the faulty connection was repaired by Avon DPW.

The Town of Avon has been awarded a grant to purchase new refrigerators for the COA and Town Hall. Shopping will commence shortly.

Kevin Foster has been appointed as a substitute Van Driver pending required BAT courses.

A new Meals on Wheels driver has started working delivering lunches on Fridays. These drivers are a very important part of serving Avon's seniors.

New Kitchen policies: All food handlers must wear gloves at all times. Only ServSafe personnel are allowed in the kitchen. No food cooked in the COA kitchen can be packaged for "take-out".

Memory Class TBD

AED and CPR instruction will be presented by Frank Currie of AFD on March 3rd. All staff and Board Members are required to attend.

Bristol County Sheriff, the National Association of TRIADS and the 911 Cell Phone Bank are supplying seniors with a cell phone at no charge. These phones are only able to call 911 in case of an emergency or power outage. Ten phones will be delivered on March 6, 2023.

St. Patrick's Day luncheon will be held on March 16th. There is a \$10 charge for this catered dinner. Seating is limited and people must sign up at COA.

A credit card for the COA was discussed. Jane will broach the subject with Town Accountant and Town Treasurer.

Jane will also inquire about adding *Avon Council on Aging* to the *Town of Avon* sign in the parking lot.

Discussion of increasing the cost of Chair Yoga by \$1.00 was discussed and tabled until the March meeting.

Next meeting is scheduled for March 10, 2023 at 10:00 a.m.

Meeting adjourned 11:10 a.m.

Respectfully Submitted,

Karen A. Johnson  
Acting Secretary