

SEPTEMBER 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 11-2 COA BBQ @Fish and Game	2 10:00 Tap Dancing	3
4	5 LABOR DAY	6 12:00 Lunch 12:30 Cribbage	7	8 PRIMARY DAY MOW DELIVERY ONLY 6:00 Caregiver Support Group	9 10:00am Tap Dancing 1:00pm Hearing Testing	10 FYI 4:30 Avon Baptist Church Ham & Bean supper
11 GRANDPARENTS DAY	12 1:00 Chair Yoga	13 12:00 Lunch 12:30 Cribbage	14 RESTAURANT OF THE MONTH CONNECTION CAFÉ- sign up necessary	15 12:00 lunch 12:30 SHINE counseling 11:00-1:00 B/P clinic	16 10:00 Tap Dancing	17 FYI Fish & Game Lobster/Chicken Bake 2-6pm Must buy tickets in advance
18	19 1:00 Chair Yoga	20 12:00 Lunch 12:30 Cribbage 1:00 Lawyer – call for appt.	21 Avon Baptist Church Ecumenical Lunch 11:30 (Call for ride)	22 12:00 Fireman's Box Lunch @ Fish and Game with Rob the Drummer	23 9:30 SCALLOP FEST	24
25 Alzheimer's Walk-Foxboro (Neponset Valley Alzheimer's Partnership)	26 1:00 Chair Yoga	27 12:00 Lunch 12:30 Cribbage	28 11-1 COA Movie Day - Carol Burnett comedy series	29 12:00 Lunch	30 10:00 Tap Dancing	

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