

APRIL 2015

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**Easter Luncheon**  
**Thursday, April 2, 2015**  
**12 Noon**

**Join us in welcoming spring and celebrating Easter**  
Serving Roasted Pork Loin, Red Bliss Potatoes and Green Beans  
Please RSVP  
Call 508-559-0060



**Police Chief David Martineau and the Avon Police Department invite you to their Annual Police Luncheon on Thursday, April 23<sup>rd</sup> at noon. We will be serving Chicken Cordon Bleu, rice with vegetables and dessert. Please call 508-559-0060 or stop by to sign up by Friday, April 17<sup>th</sup>.**

**Jackie Robinson Day 2015**

Join us for Red Sox vs. Nationals at 1:30 PM and celebrate

***Jackie Robinson Day 2015 on April 15, 2015.***

***Jackie Robinson Day is a traditional event which occurs annually in Major League Baseball, commemorating and honoring the day Jackie Robinson made his major league debut.***

***HOT DOGS – CRACKER JACKS – ROOT BEER***

*Tai Chi is back on Wednesdays at 9:30 AM. \$2.00 per class. Bring a friend! And don't forget Chair Yoga on Mondays at 1 PM. We hope to see you at the Center!*

## OUTREACH CORNER

### *Independent Living Aids*

There are thousands of products that help people solve vision, hearing or mobility problems and allow seniors and others to remain independent and safe in their home. Available products include writing guides, which are a simple solution for writing out checks and envelopes for people with low vision. Phone and Door signalers are important for people with hearing loss to ensure they receive important phone calls and deliveries. There are items that help all activities of daily living. Products are available for sale from printed and online catalogs, which, incidentally, are a good source for gifts for seniors. Some of these catalogs are available at the Senior Center.

There are also Massachusetts programs that list assistive technology products online that people can try out or borrow for a period of time. All of these products are designed to enhance independence and to allow people to participate in all of life's activities. Mike Wilson of Crawford Drug has office hours at the Senior Center and can help with medical equipment. (Call the COA to make an appointment with Mike, and book a ride on the van!) For more information, contact Louise Hardiman, Outreach Coordinator.

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### VOTE VOTE VOTE VOTE VOTE

The Town of Avon's Annual Election is Tuesday, April 14<sup>th</sup>. Polls will be open from 7 a.m. to 8 p.m. If you need a ride to town hall to vote, give us a call at the Council on Aging. Join us for lunch at noontime... cold cut sandwiches, potato salad, dessert, and coffee or tea.  
(\$4.00 suggested donation)

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Thanks to the generosity of the Avon Cable TV Advisory Committee we now have a 70" flat screen HD TV! Thanks to all the committee members, and the Fire Department for their assistance in making a Senior Center wish come true.

### **MOVIES...MOVIES...MOVIES**

**Wednesday, April 22<sup>nd</sup> @ 12 Noon ...**

**Bring a brown bag lunch...Refreshments provided**

Walter Keane became a household name in the 1950s, when his oddly emotional and best-selling paintings of big-eyed children made him a coveted TV talk show guest. But was the art really his? His wife Margaret claims that Walter's only contributions to the work were his signatures. The Keanes subsequent legal battle will destroy their marriage and lead to a jaw-dropping court showdown, proving once and for all who the real artist is.



Join us at the COA Café Tuesdays & Thursdays at 12 NOON  
 Suggested donation is \$4.00... Special Holiday Luncheons: \$5.00.  
 All meals come with a dessert

Thursday, April 2	<b>Easter Luncheon</b> – Roasted Pork Loin, Red Bliss Potatoes and Green Beans
Tuesday, April 7	Corn Chowder and Ham Salad Sandwiches
Thursday, April 9	Fish Cakes, Baked Beans, Cole Slaw
Tuesday, April 14	Cold Cut Platters and Potato Salad
Thursday, April 16	Pizza and Greek Salad
Tuesday, April 21	Sloppy Joes and Sweet Potato Fries
Thursday, April 23	<b>Policeman’s Luncheon</b> -Chicken Cordon Bleu, Rice with Veggies
Tuesday, April 28	Baked Potato Bar with all the fixings
Thursday, April 30	Meatloaf, Mashed Potato, Gravy, Vegetable



HAPPY BIRTHDAY

APRIL	
1 <sup>st</sup>	Helen Cripps
5 <sup>th</sup>	Daphne Weiss
10 <sup>th</sup>	Anthony Pizzano
19 <sup>th</sup>	Christine Lamarre
22 <sup>nd</sup>	Carol Pendergrace
25 <sup>th</sup>	James Ficarra

**Town Offices will be closed on April 20<sup>th</sup> to celebrate Patriots’ Day in Massachusetts.**

“The anniversary of the birth of liberty and union.”

Support the runners of the 119<sup>th</sup> Boston Marathon, and please take a moment of silence for the victims, families, and all those affected by the tragedy that occurred in 2013.

**Caregiver Support Group** – If you are taking care of someone who has memory loss. Please join us at the Council on Aging the second Thursday of every month at 5:30 p.m. If you have any questions, please contact Louise Hardiman, Outreach Coordinator at 508-559-0060.