

OCTOBER 2015

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|---------------------------------------------------------|-------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|
| Nov. 1 st . – Daylight Savings Time... "FALL BACK" | | | | 1 12:00 LUNCH 12:30 CARDS <u>SHINE</u> | 2 10:00 TAP DANCE 11:00 – 1:00 SOCIAL HOUR @COA CAFÉ | 3 |
| 4 | 5 1:00 CHAIR YOGA | 6 9:30 LINE DANCE 12:00 LUNCH 12:30 CARDS | 7 | 8 11:00 TRIAD SR. I.D. CARDS 12:00 LUNCH 12:30 CARDS 5:30 Caregiver Support Meeting | 9 10:00 TAP DANCE 11:00 – 1:00 SOCIAL HOUR @COA CAFÉ <u>Hearing Exams</u> | 10 Baptist Church Ham & Bean Supper |
| 11 | 12 TOWN OFFICES CLOSED  | 13 9:30 LINE DANCE 12:00 LUNCH <u>1:00 Ask a Lawyer</u> | 14 <i>MOVIE</i> | 15 12:00 LUNCH 12:30 CARDS <u>12:00 Blood Pressure Clinic</u> COA Board Meeting | 16 10:00 TAP DANCE 11:00 – 1:00 SOCIAL HOUR @COA CAFÉ | 17 Hazardous Waste & Medication Take Back Day – Randolph High School Parking Lot |
| 18 | 19 1:00 CHAIR YOGA | 20 9:30 LINE DANCE 12:00 LUNCH 12:30 CARDS | 21 ECUMENICAL LUNCHEON @AVON BAPTIST CHURCH | 22 12:00 LUNCH 12:30 CARDS | 23 10:00 TAP DANCE 11:00 – 1:00 SOCIAL HOUR @COA CAFÉ | 24 |
| 25 | 26 1:00 CHAIR YOGA | 27 9:30 LINE DANCE 12:00 LUNCH 12:30 CARDS | 28 | 29 12:00 FALL HARVEST LUNCH 12:30 CARDS <u>SHINE</u> | 30 10:00 TAP DANCE 11:00 – 1:00 SOCIAL HOUR @COA CAFÉ | 31 Happy HALLOWEEN  |