

SEPTEMBER 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 LABOR DAY Town Offices Closed	2 9:30 LINE DANCING 12:00 LUNCH 12:30 CARDS	3 9:30 TAI CHI	4 12:00 LUNCH 12:30 CARDS <u>1:00 SHINE</u>	5 10:00 TAP DANCING	6
7	8 Zumba Classes resume 9:30 a.m.	9 9:30 LINE DANCING <u>NO LUNCH – Mass Primary Election Day</u>	10 9:30 TAI CHI 12 NOON MOVIE DAY	11 12:00 LUNCH 12:30 CARDS 5:30 P.M. Family Forum – Dementia / Memory Loss	12 10:00 TAP DANCING <u>1:00 Hearing Exams</u>	13 HAM & BEAN SUPPER – BAPTIST CHURCH
	1:00 CHAIR YOGA					
14	15 9:30 ZUMBA GOLD 1:00 CHAIR YOGA	16 9:30 LINE DANCE 10:00 MA Comm. For the Blind Info Seminar 12:00 LUNCH 12:30 CARDS <u>1:00 Ask a Lawyer</u>	17 9:30 TAI CHI	18 12:00 LUNCH 12:30 CARDS <u>12:00 Blood Pressure Clinic</u> Board of Directors Meeting	19 10:00 TAP DANCING	20
21	22 9:30 ZUMBA GOLD 1:00 CHAIR YOGA	23 9:30 LINE DANCING 12:00 LUNCH 12:30 CARDS	24 MOVIE DAY NO TAI CHI TODAY	25 12:00 LUNCH 12:00 TRIAD 12:30 CARDS	26 10:00 TAP DANCING	27
28	29 9:30 ZUMBA GOLD 1:00 CHAIR YOGA	30 9:30 LINE DANCING 12:00 LUNCH 12:30 CARDS			Please note: SHINE, Hearing, and Ask a Lawyer is by appointment only.	