

# **Avon Council on Aging Caregiver Support Group**

**For people caring for  
someone with  
memory loss**



Caring for a parent, relative, spouse or close friend with Alzheimer's disease or dementia symptoms is often isolating.

You don't have to do it alone.

Learn ways to cope and find practical support.

**New day: FIRST Thursday of the  
month from 6:00 PM – 7:30 PM at  
the Avon Senior Center, 65 East  
Main St., Avon, MA 02322**

For more information, contact Louise Hardiman at 774-480-5352 or [lhardiman@avon-ma.gov](mailto:lhardiman@avon-ma.gov).