

## **FOOD Resources**

### **Project Bread Food Source Hotline – 800-645-8333**

For anyone in Massachusetts who needs food assistance. Toll-free and confidential. Monday-Friday: 8AM-7PM. Saturday: 10AM-2PM. Counselors can assist callers with SNAP, finding free meals for kids and school meal sites, summer meal sites, P-EBT, local food pantries and meal programs, and more.

### **SNAP (Supplemental Nutrition Assistance Program)**

There is a simple application for people age 60 or over. Apply online, by fax, or by mail. Go to <https://dtaconnect.eohhs.mass.gov/> for more information and to see if you are eligible or contact Louise at the Avon COA at 774-480-5352.

### **OCES Meals on Wheels (MOW) – 508-584-1561**

Receive home-delivered meals planned by a registered dietician Monday through Friday. MOW gives you a connection to the community and serves as a safety check. Therapeutic meals are available for people with special diets. An eligibility assessment is required but there are no income limits.

### **Avon Food Pantry**

The Avon Baptist Church hosts a food pantry for Avon residents who need food assistance. Contact the food pantry at 508-857-0452.

### **Holbrook Food Pantry**

Monthly contactless pickup at St. Joseph's convent, 153 S. Franklin St., 10:30AM-11:30AM, usually on 2<sup>nd</sup> Saturday of the month. For Holbrook and Avon residents only. Proof of address required for new registrations. Must be checked in by 11:15AM. Emergency pickups by appointment. Contact by "Holbrook Food Pantry" by Facebook or at 617-510-3988. *Avon COA van goes here on Monday after 2<sup>nd</sup> Saturday of the month. Call 508-559-0060 to reserve a spot.*

### **Free Food Distribution**

Avon Baptist Church parking lot, every Friday 2:00PM-2:30PM. No ID or income verification and no pre-registration is required. Volunteers place box of food in your vehicle. Sponsored by Concerned Citizens of Randolph.

Stoughton YMCA Community Market – Food boxes contain staple food items for healthy meals. Boxes are available for those who need it at no cost until boxes run out. Register as a New Shopper and then book an appointment time at <https://yourmarket.force.com>. For questions or help enrolling, call or email Lauren Bartell at 781-341-2016 X204 or [LBartell@oldcolonymymca.org](mailto:LBartell@oldcolonymymca.org).

Stoughton YMCA \$2 Food bag distribution takes place every Wednesday 3:30-5:30PM. Each \$2 bag contains over 12 pounds of mixed fresh produce. Call 781-341-2016 for more information.